

Lunch Served
Monday-Thursday at 11:45AM

February 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 4oz. Sliced Roast Beef 4 oz. Garlic Herb Roasted Potatoes w/ 1oz cheese 5 oz. Green Beans 5 oz. Fruit Cobbler/Ice Cream 2 oz. Dinner Roll Milk/Milk substitute	3 6 oz. Turkey Chili 5 oz. Brown Rice 5 oz. California Vegetables 4 WW Crackers 1 oz. Shredded Cheese 4 oz. Fruit Milk/Milk Substitute	4 8 oz Chicken Noodle Soup ½ Turkey & Cheese Sandwich on Whole Wheat Bread Lettuce& Tomato 1TBS Mayo Whole Apple Milk/Milk Substitute	5 4.5 oz. Chicken Divan 5 oz. Rice 5 oz. Mixed Tossed Salad w/ 1 oz. Light Dressing 2 oz. Dinner Roll 4 oz. Fruit Milk/Milk Substitute	6 4 oz. Italian Meatball Soup 5 oz. 5 oz. 4oz. C & 1/2
9 4 oz. Black Bean Soup 2 oz. Grilled Chicken Fajitas w/Peppers & Onions Shredded Lettuce & Tomato 4 oz. Low-Fat Shredded Cheese 2 oz Sour Cream Low Carb 12-Inch Tortilla Milk/Milk Substitute	10 3 oz. Kielbasa w/4 oz. Cooked Cabbage 4 oz. Cooked Carrots 1 cornbread muffin 4 oz. Fruit Milk/Milk Substitute	11 8 oz. Vegetable Soup 2 oz Peanut Butter &Jelly Whole Wheat Bread Banana Milk/Milk Substitute	12 Valentine Lunch 4 oz. Spaghetti Noodles w/3 oz. Italian Meat Sauce 4 oz. Italian Vegetables 4 oz. Tossed Salad w/1 oz. Light Dressing 1 Slice Whole Wheat Garlic Bread Milk/Milk Substitute	13 6 oz. Chicken Noodle Soup Whole Wheat Bread Mixed Greens oz. Light Dressing 4 oz. Fruit Milk/Milk Substitute
16 8 oz. Pasta Salad w/Chicken 4 oz. Tomato Cucumber Salad 4 Whole Wheat Crackers Greek Yogurt/2 oz. Fruit Parfait w 1/2 oz. Granola Milk/Milk Substitute	17 4 oz. Sliced Ham 4 oz. Collard Greens 4 oz. Scalloped Potatoes 4 oz. Baked Cinnamon Apples 2 oz. Whole Wheat Dinner Roll Milk/Milk Substitute	18 8 oz. Tomato Bisque Toasted cheese sandwich on whole wheat bread 4 oz. Diced Pears Milk/Milk Substitute	19 4 oz. Turkey & Gravy 4 oz. Green Beans Casserole 4 oz. Sweet Potato 4 oz. Mandarin Oranges Cornbread Milk/Milk Substitute	20 4 oz. Chicken Noodle Soup Cream of Chicken Soup 4 oz. Fruit 4 oz. C Milk/Milk Substitute
23 3 oz. Sliced Meatloaf 4 oz. Honey Glazed Carrots 4 oz. Pesto Pasta Caprice Salad 4 oz. Tropical Fruit Salad Milk/Milk Substitute	24 4 oz. Baked Salmon 4 oz. Apple, Cranberry, Spinach Salad with Pecans, Avocado and Balsamic Vinaigrette 4 oz. California Vegetables Milk/Milk Substitute	25 8 oz. Cheddar Broccoli Soup 3/4 c. Chicken Salad on Wheat Bun 4 oz. Mandarin Oranges Milk/Milk Substitute	26 White Chicken Enchiladas 4 oz. Rice 4 oz. Refried Beans 4 oz. Side Salad 4 oz. Fruit Milk/Milk Substitute	27 2 oz. Chicken Noodle Soup 1 oz C Lettuce Banana Milk/Milk Substitute

Meals on Wheels ONLY

Alternate Entrée: Breaded chicken tenders, breaded fish filet, or peanut butter sandwich.

OCONEE COUNTY SENIOR CENTER - 3500B Hog Mountain Rd Watkinsville (706) 769-3979
Menus and Menu Items are subject to change or cancellation after printing.

Please make lunch reservations and requests for alternate entrees
3 DAYS IN ADVANCE!

