

FEBRUARY

Oconee County Senior Center
3500B Hog Mountain Rd
Watkinsville, GA 30677
706-769-3979

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2

CELEBRATING
AFRICAN
AMERICANS
IN THE ARTS



3

VIRTUAL WELLNESS
HEART HEALTH
10:00AM



4

CRAFT
FUN
10:00AM



5



10:30AM

9



Mindful
Melodies
10:30AM

10

CRAFT
FUN
10:00AM



11

BINGO!
10:30AM

12

VALENTINE'S
DANCE
10:00AM



16

SENIOR DAY
AT THE MALL
10AM



17

VIRTUAL WELLNESS
HEART HEALTH
10:00AM



18

SHOWTIME
BOWLING
SIGN UP
REQUIRED \$6



19

golden
corral
Buffet & Grill

SIGN UP
REQUIRED \$2

23



Mindful
Melodies
10:30AM

24

BINGO!
10:30AM

25

ARMCHAIR
TRAVEL
10:30AM



26

JITTERY JOE'S
SIGN UP
REQUIRED
PRICE TBD



Member Lead Activities Only – No Meal Services

EXERCISING

MONDAY

9:00AM Cardio Mix
10:00AM Silver Strength
10:45AM Chair Yoga

TUESDAY

9:00AM Core & More
10:00AM Stretch & Strength

WEDNESDAY

9:00AM Interval Cardio
10:00AM Silver Strength
10:45AM Gentle Stretch

THURSDAY

9:00AM Pilates
10:00AM Chair Yoga

1st & 3rd THURSDAY

11:00AM Tai Chi

FRIDAY

9:00AM Cardio Mix
10:00AM Stretch & Strength
11:00AM Line Dance

*All classes are drop-in.
Bring your own mat.*

GAMING

MONDAY

9:15AM Bridge
1:00PM Bridge

TUESDAY

8:30AM Poker
11:30AM Canasta

WEDNESDAY

9:15AM Bridge
12:30PM Mahjong
1:00PM Bridge

THURSDAY

9:00AM Beginner Bridge
11:00AM Hand & Foot
12:30PM Mexican Train

FRIDAY

11:30AM Canasta

2nd & 4th FRIDAY

9:00AM Bridge



CREATING

MONDAY

12:30PM Art Sparks*

TUESDAY

12:30PM Crafternoon*

WEDNESDAY

12:30PM Acrylic with Allison*

THURSDAY

9:30AM Knit & Crochet
12:30PM Acrylic with Jessica*

FRIDAY

10:00AM Independent Art

Registration Required



ENJOY ART MADE BY YOUR PEERS
DISPLAYED AROUND THE CENTER FOR
THE MONTH OF FEBRUARY. WE ARE
SO LUCKY TO HAVE SO MANY
TALENTED PEOPLE AMONG US.

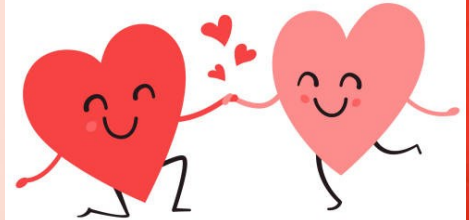
LEARNING

1st & 3rd TUESDAY

10:00AM Virtual Wellness
Lecture

THURSDAY

12:30PM Computer Class



VALENTINE'S DANCE

JOIN US

FEBRUARY 12TH AT 10AM

NO PARTNERS NECESSARY.

COME ONE, COME ALL! IT'S

ALL ABOUT HAVING FUN

AND GETTING OUR GROOVE

ON THE DANCE FLOOR.